

Activity	Evidence	Points	Max points/year
EDUCATION			
Formal studies (health related post-graduate) at tertiary institution including classes, external work, assignments, examinations	Evidence from institution	1 per hour	30
Undergraduate or post-graduate teaching/lecturing	Evidence from inst.	1 per 6 hours	10
Formal study at a tertiary institution (research related)	Evidence from inst.	1 per hour	20
Journal subscription in health related journals (Journal of Alternative Comparative Medicine, Australian journal of Herbal Medicine, Others)	Evidence of subscription	2 per submission	6
Naturopathic related studies at a National Qualification Framework accredited tertiary institution (non-research related e.g. Dip Massage, Dip Aromatherapy), maybe by attendance or online	Evidence of certification	1 per 3 hours face-to-face teaching	15
Naturopathic related studies at a non-framework accredited program (non-research related e.g. Hypnotherapy, NLP), maybe by attendance or online	Evidence of certification	1 per 6 hours	30
FACE TO FACE Seminars / Conf / workshops and LIVE Webinars			
NMHNZ conference attendance	Attendance certificate	12 points per day	24 points
NMHNZ AGM attendance	AGM minutes	6	6
NMHNZ regional meetings	Digital confirmation from Regional Coordinator	2 per meeting	10
NMHNZ committee meeting	Meeting minutes	2 per meeting	12
Seminar, conference or webinar attendance (Natural Medicine Related)	Attendance certificate	1 per hour	30
Other Natural Medicine conference that are research based (NHAA, +)	Attendance certificate	12 points per day	30
Other research based Health Related conferences (eg midwifery conference, gastro, anti-aging, etc)	Attendance certificate	5 points per day	15
Publishing/presenting articles/papers/books - professional level only			
Presenting (to public)	Proof of presenting	4 per hour	12
Presenting (to health care professionals, in seminars, meetings)	Proof of presenting	6 per hour	18
Presenting research paper at conference	Proof of presenting	10 per presentation	20
Summary of peer-reviewed health paper (from approved journal) for publication in NMHNZ media	Supplied article	5 per article	15
Publish referenced articles in newsletter, professional and industry journals. Include general media newspaper, magazines and others' websites	Article presented	5 per 500 words	15
Author pub. not original (e.g. a review) research article (peer review)	Article presented	20 per article	20
Author pub. original research article (peer review)	Article published	30 per article	30
Books	Book published	10 per 100 pages	20

Mentoring / Supervision / Peer Group meetings			
Mentoring a graduate student	Formal discussion topics logged and signed statement from mentee	1 per month or mentee up to 10 points	10
Receiving professional supervision from approved professional supervisor	Signed report from supervisor or certificate	1 per hour	10
Business related professional development			
(IT skills, marketing, web development, social media, video etc.)	Proof of completion	1 per 2 hours	10
Volunteer work in complementary medicine for a community based agency/project	Written evidence from organization	1 per hour	20
Writing submission to government (and other NGOs e.g. WHO) related to the field of natural therapies (does not include signing petitions or templated versions)	Copy of submission	5 per submission	10
Maintaining a personal webpage with research articles/ researched blog posts	Evidence of articles or blogs	1 per article	6
Purchase			
Purchase or loan of book	Book review	2 per book	6
Purchase of health related video	Receipt and summary	1 per item	5
Databases & Online content: Professional level			
Database Access (Natural Medicines, EBSCO) – full papers (secondary source and review articles)	Evidence of subscription	10 per subscription	10
Reading peer reviewed ORIGINAL RESEARCH journal article related to naturopathic practice	Article as Evidence	0.5pt per article	15
Total in one year			